



Joanna Newham

15th Dec 2024 to 15th Jan 2025

Joanna Newham is an acclaimed and highly accomplished Dermal Specialist qualified in both Dermal Science and Clinical Aesthetics, Joanna applies an integrated approach to her guest's skin story working alongside functional medicine, eastern traditions and western practice to determine the root cause of every concern. She regularly works with and refers to a multi-disciplinary team of experts such as Dermatologists, Integrated Practitioners, Naturopaths, Nutritionists, Meditation Masters, Bodyworkers, Psychotherapists, Cosmetic Nurses to provide her guests with the right advice and treatments tailored to their needs.

Joanna practices out of her Skin Clinic based in Sydney, Australia and by regular invitation to a number of Wellness Resorts and Retreats globally.

Joanna holds a Post Graduate Diploma in Dermal Science and is in her final year of completing a Bachelor of Health Science (Clinical Aesthetics). She is also certified in Buccal Facial Massage, NeoLifting ™ with Pro-Age Aesthetics Academy, London and Kobido Facial Sculpting with L'Académie Des Facialiste, Paris.

Joanna is one of a very few international Skin Experts who has been invited to partner with the acclaimed Biologique Recherche and was privileged to train with them both in Paris and Australia.

Services Menu

THE ULTIMATE JNSH BESPOKE FACIAL

This treatment commences with breathwork to ground and switch off from the distractions of the external world and mind. Followed by a facial protocol designed just for you, carefully curated skincare combined with a richness of facial modalities such as Pollogen Geneo^{\top} to brighten, stimulate, smooth and define facial features. Extrinsic massage techniques deriving from NeoLifting $^{\top}$, Gua Sha, Buccal and Kobido methodology and completing with Dermalux Tri-Wave MD LED Light Therapy $^{\top}$. A focused, revitalizing, immersive experience bespoke to every skin.

THE JNSH INTRINSIC FUSION FACIAL FOR LIFTING AND SCULPTING

This deeply targeted treatment balances holistic facial modalities with lymphatic drainage and an uplifting sculpting facial massage to leave the skin looking transformed and visibly smoother, brighter, youthful, radiant, firm and significantly lifted. The techniques used in this treatment focus on supporting and strengthening our barrier function, removing superficial debris sitting above the skin that can cause textural irregularities and dehydration. This treatment rebuilds and redensifies hollowness, reduces redness, irritation and uneven skin tone. The unique techniques and products applied awakens your complexion by improving blood flow, stimulating natural collagen production, softening deep lines, and sagging whilst easing muscle tension.

THE JNSH 4 IN 1 SUPER FACIAL

A unique combination of innovative technologies - Pollogen OxyGeneo $^{\text{TM}}$, TriPollar RF Skin Tightening, Dermalux MD LED $^{\text{TM}}$ and Ultrasound Product Infusion for a treatment that will renew, revitalize and regenerate the skin from the inside out by adopting medically-established technologies with zero down time. This safe, pain free facial treatment offers guests the opportunity of effective clinical treatments through encouraging the natural processes of skin rejuvenation.

THE NEOLIFTING FACIAL TREATMENT WITH BUCCAL

A highly specialized facial treatment that is specifically tailored and designed for each client's individual facial structure. Visible results can be achieved from just one session as we apply a systemic approach in order to create a long-lasting effect. By stimulating the lymph, massaging the fascia to soften and gain access to the facial muscles both externally and then inside the mouth, the treatment calms the nervous system, increases blood and oxygen supply and collagen production. This treatment is a specialized, innovative manual technique that LIFTS and SCULPTS the face, neck and décolletage. We incorporate the following:

- Breathwork and manual lymphatic drainage
- Sculpting and remodeling massage
- Intra-oral (buccal massage) included but optional
- Scalp massage