

**Notes**

\*Booking required

\*\*Activities that require a small investment

[illegible]



## MUST DO'S AT JA MANAFARU

### Sunset and Dolphin Discovery Cruise

Join us to cruise the unspoiled northern waters of the Maldives in search of wild dolphins. Watch out for the playful antics of Spinner dolphins and listen for the hypnotic sound of Bottlenose dolphins taking breaths as they cruise by. Enjoy canape's and drinks as the sun dips below the horizon and the glow tints the skies pink.

### Sandbank Experience

Be whisked across the Indian Ocean to a sliver of sand populated only by a colony of tropical seabirds. Enjoy powder soft sand between your toes, snorkel in the crystal clear waters and enjoy endless views of azure skies. Reconnect with your loved ones and detox from life.

### Discover Scuba Diving

Our dive partners at Best Dive are waiting to introduce you to the world under the turquoise waters of the surrounding ocean. Have your first diving experience with our PADI qualified and experienced instructors guiding you every step of the way.

### Big Game Fishing

Head out in search of Tuna, Wahoo and more aboard our dedicated Big Game Fishing Boat. Test yourself in a battle of wits and strength with the mighty fish of Haa Alifu Atoll. Enquire at the dive centre to plan your perfect fishing trip.

### Jet Ski & Snorkel Expedition

Get up close to marine life while skimming across the waters of Haa Alifu Atoll. Visit two remote reefs and take the plunge to discover all that thrives under the surface. Watch out for dolphins as you leisurely return to your private island home.

### Underground Wine Cellar Dinner

Enjoy Maldives first and deepest subterranean wine cellar with a 7-course degustation prepared by our skilled culinary team paired with selected wines. Browse our collection of 1500 wine labels during your meal and end your night with a fine digestif.

### Castaway Island Dining

JA Manafaru is blessed with a choice of a castaway island within a few minutes speedboat ride. Choose between a sunrise breakfast, picnic lunch or full service BBQ for lunch or dinner or for The Real Maldives experience, enjoy a magical Ancestral Dinner experience that starts with watching the same sunset views that have been seen in this untouched atoll over millennia.

### Cinema under the Stars

Our private island is home to the only resort in Haa Alifu Atoll. This contributes to our clear blanket of stars in indigo skies under which to enjoy your favourite movie. Choose food and beverages of your choice to snack on while you relax in front of the big screen.

### Maldivian Cooking Class

JA Manafaru is one of the few resorts to boast a local Executive Chef. Join Chef Moosa or one of this trusted team to guide you in the intricacies of the local cuisine. Learn how delicate spices are blended with truly authentic ingredients including fish caught fresh by local fisherman. Join our twice weekly group sessions or book an exclusive culinary experience.

### Tappanyaki

Dive into a multi-sensory adventure at the White Orchid Teppanyaki Experience. Witness our skilled chef transform fresh ingredients into culinary delights right before your eyes on the sizzling teppanyaki grill. To fully immerse yourself in this experience, we kindly request your timely arrival.

	Monday 22-Jul	Tuesday 23-Jul	Wednesday 24-Jul	Thursday 25-Jul	Friday 26-Jul	Saturday 27-Jul	Sunday 28-Jul
Music & Entertainment							
Kakuni				Alouz Band 7:30pm-9:30pm		Alouz Band 7:30pm-9:30pm	
Ocean Grill							
Veli Bar	Alouz Band 5.30pm-7.00pm 9.00pm-11.00pm	Alouz Band 5.30pm-7.00pm 9.00pm-11.00pm	Alouz Band 5.30pm-7.00pm 9.00pm-11.00pm	Alouz Band 5:30pm-7:00pm Karaoke -10:00pm-11:30pm		Alouz Band 5:30pm-7:00pm Karaoke -10:00pm-11:30pm	Alouz Band 5.30pm-7.00pm 9.00pm-11.00pm
Manafaru Lifestyle Boutique							
Retail	9.30am to 12.00pm, 1.00pm - 5.00pm, 8.00pm - 9.00pm						
Dive Schedule							
2 Tank Dive Trip**	8.30am - 12.30pm	8.30am - 12.30pm	8.30am - 12.30pm	8.30am - 12.30pm	8.30am - 12.30pm	8.30am - 12.30pm	8.30am - 12.30pm
Single Tank Dive Trip**	2.00pm - 4.00pm	2.00pm - 4.00pm	2.00pm - 4.00pm	2.00pm - 4.00pm	2.00pm - 4.00pm	2.00pm - 4.00pm	2.00pm - 4.00pm
Night Dive		5.45pm - 7.15pm		5.45pm - 7.15pm		5.45pm - 7.15pm	
We are The Real Maldives, visit our Recreation Pavilion to learn more about the culture of the nation							

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### CALM SPA SANCTUARY

Calm Spa Sanctuary takes inspiration from culture of the Maldives and the traditions of the East. Drawing from the energy of our lush natural island the quiet spaces are surrounded by tropical plants and majestic banyan trees. The bounty of the earth balances body, mind and soul.

A Maldives vacation offers wellbeing in the everyday and our Wellness offering works to enhance your relaxation and rejuvenation through bespoke treatments or a complete wellness journey.

THIS WEEK'S SPECIAL OFFER: GET ADDITIONAL 30 MIN FACIAL WITH EVERY 60 MINUTE PAID TREATMENTS

Contact our Spa on extension 418 or your Thakuru to secure your booking.

### WELLNESS YOUR WAY

Give yourself the gift of health with our range of Wellness Retreat Programs. You can enjoy a Taste of Wellness for 2 or 3 days or invest in 5, 7 or 10 day programs. Choose from Detox and Reset, Mindful Journey, Active De-Stress or the JA Signature Culinary Retreat.

JA Manafaru's retreat programs are customisable and designed to integrate into your Maldives vacation. Ask your Thakuru or our Spa Team for more details.