

## MAJAA TIMES - WEEKLY ACTIVITIES

	Monday 28th July		Tuesday 29th July
6.30am - 07.15am	Hatha Yoga at Yoga Studio* (Recreation)	09.30am -10.30am	Table Tennis Challenge at Recreation
9.30am - 10.15am	Guided House Reef Snorkeling**	09.30am -11.30am	Snorkelling Adventure Excursion**
0.30am - 11.00am	Stand Up Paddle Board lesson at Watersports	10.00am -10.30am	Bath Tub Tea Making Class at Calm Spa*
1.00am - 11.45am	Maldivian Game of Eight Hole at Chill Zone*	11.00am - 12.00pm	Coconut Shy game meet at Recreation
1.00am - 12.00pm	Kids Pizza Making Class at Andiamo Pool*	12.00pm - 12.30pm	Subterranean Wine Cellar Tour*□
1.00pm - 02.00pm	Mocktail Master Class at Dhoani Bar*	12.00pm - 01.00pm	Maldivian Cooking Class at Kakuni**□
2.00pm - 03.00pm	Coconut Boules - meet at Recreation*	02.00pm - 04.00pm	Manta Discovery Snorkeling**
2.00pm - 04.00pm	Snorkelling Adventure Excursion**	05.00pm - 05.30pm	Sustainable Garden Tour
4.00pm - 06.00pm	Sunset and Dolphin Cruise**	ос.оорт	
5.30pm - 06.30pm	Meet the Team - Venue as per your personal invitation		
	Movie night at Movie Room*		
7.30pm - 10.00pm	Wednesday 30th July		Thursday 31st July
6.30am - 07.15am	Hatha Yoga at Yoga Studio* (Recreation)	09.30am -11.30am	Snorkelling Adventure Excursion**
9.30am - 10.15am	Guided House Reef Snorkeling**	10.30am - 11.30am	Stand Up Paddle Board lesson at Watersports
1.00am - 12.00pm	Carrom board Game at Chill Zone	10.00am -11.00am	Coconut Palm Weaving Workshop at CoolZone
2.00pm - 04.00pm	Snorkelling Adventure Excursion**	11.00am - 12.00pm	Kids Pizza Making Class at Andiamo Pool*
4.00pm - 04.45pm	Nature Trail Walk - meet at Recreation*	02.00pm - 03.30pm	Coconut Capers - Venue to be advised*
5.00pm - 07.00pm	Traditional Sunset Fishing**	02.00pm - 04.00pm	Manta Discovery Snorkeling**
		04.00pm - 04.45pm	Thinhama - Game of Nine Man Morris at Chill Zone
		04.00pm - 06.00pm	Sunset and Dolphin Cruise**
		05.00pm - 06.00pm	Heart Of the House Tour*
	Friday 1st August		Saturday 2nd August
6.30am - 07.15am	Hatha Yoga at Yoga Studio* (Recreation)	09.30am - 11.30am	Snorkelling Adventure Excursion**
0.00am -11.00am	Fly Board at Water sports**	10.00am -10.30am	Face Lift DIY Class*
2.00pm - 12.45pm	Maldivian Game of Nine Man Morris at Chill Zone	02.00pm - 04.00pm	Manta Discovery Snorkeling**
1.00pm - 02.00pm	Kids Mocktail Class at Dhoani Bar*	03.00pm - 04.00pm	Billiard Challenge at Chill Zone
1.00piii - 02.00piii			
	Snorkelling Adventure Excursion**	04.00pm - 06.00pm	Sunset and Dolphin cruise**
2.00pm - 04.00pm 4.00pm - 05.00pm	Snorkelling Adventure Excursion** Cocktail Master Class at Veli Bar*	04.00pm - 06.00pm 06.30pm - 07.30pm	Sunset and Dolphin cruise**  Night Snorkelling at Best Dive**

	Sunday 3rd August
10.30am - 11.00pm	Sustainable Garden Tour*
12.00pm - 12.45pm	Maldivian Game of Eight Hole at Chill Zone
12.00pm - 01.00pm	Maldivian Cooking Class at Kakuni**
02.00pm - 04.00pm	Snorkelling Adventure Excursion**
03.00pm - 04.00pm	Magey Hiya Tour*
04.00pm - 05.00pm	Cocktail Master Class at Veli Bar*
05.00pm - 07.00pm	Traditional Sunset Fishing**
07.30pm - 10.00pm	Movie Night at Movie Room*

Message in a Bottle

Around the gardens of our private Island we have hidden some Messages in A Bottle containing special vouchers that can be used within the resort. Please contact your Guest Experience Host when you find a Message in A Bottle and they will handover your treat.

Happy hunting!

Notes
\*Booking required \*\*Charges applicable

		FO	OD AND BEV	'ERAGE PRC	GRAM		
OUTLET	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
001221	28-Jul	29-Jul	30-Jul	31-Jul	01-Aug	02-Aug	03-Aug
			Br	reakfast			
Kakuni	7.00am - 10.30am	7.00am - 10.30am	7.00am - 10.30am	7.00am - 10.30am	7.00am - 10.30am	7.00am - 10.30am	7.00am - 10.30am
				Lunch			
Kakuni	12.30pm - 3.00pm	12.30pm - 3.00pm	12.30pm - 3.00pm	12.30pm - 3.00pm	12.30pm - 3.00pm	12.30pm - 3.00pm	12.30pm - 3.00pm
Andiamo	11.00am - 5.00pm	11.00am - 5.00pm	11.00am - 5.00pm	11.00am - 5.00pm	11.00am - 5.00pm	11.00am - 5.00pm	11.00am - 5.00pm
			ı	Olnner			
Kakuni		Maldivian Night 6.30pm - 09:30pm		Seafood BBQ 6.30pm - 09.30pm		Asian Street Night 6.30pm - 09:30pm	
Ocean Grill	6:30pm - 09.30pm		6:30pm - 09.30pm		6:30pm - 09.30pm		6:30pm - 09.30pm
White Orchid	6:30pm - 09.30pm		6:30pm - 09.30pm		6:30pm - 09.30pm		6:30pm - 09.30pm
Teppanyaki	6:30pm - 08:15pm 8.30pm - 10.00pm		6:30pm - 8:15pm 8.30pm - 10.00pm		6:30pm - 8:15pm 8.30pm - 10.00pm		6:30pm - 8:15pm 8.30pm - 10.00pm
Andiamo		6:30pm - 09.30pm		6:30pm - 09.30pm		6:30pm - 09.30pm	
The Cellar			** Shared Cellar Dinner 07.00pm -09.30pm		** Shared Cellar Dinner 07.00pm -09.30pm		** Shared Cellar Dinne 07.00pm -09.30pm
				Bars			
Dhoani Bar	10.00am - 5.00pm	10.00am - 5.00pm	10.00am - 5.00pm	10.00am - 5.00pm	10.00am - 5.00pm	10.00am - 5.00pm	10.00am - 5.00pm
Veli Bar	5.00pm-12.00am	5.00pm-12.00am	5.00pm-12.00am	5.00pm-12.00am	5.00pm-12.00am	5.00pm-12.00am	5.00pm-12.00am

## MUST DO'S AT JA MANAFARU

Sunset and Dolphin Discovery Cruise

Underground Wine Cellar Dinner

Join us to cruise the unspoiled northern waters of the Maldives in search of wild dolphins. Watch out for the playful antics of Spinner dolphins and listen for the hypnotic sound of Bottlenose dolphins taking breaths as they cruise by. Enjoy canape's and drinks as the sun dips below the horizon and the glow tints the skies pink.

Housereef Snorkelling

Immerse yourself in the beauty of marine life as you glide over the waters of our house reef. Our snorkeling map highlights the best areas for exploration, ensuring you experience the most vibrant underwater scenery. Additionally, our comprehensive snorkeling factsheet is available on our website. Should you prefer a personal copy, please don't hesitate to reach out to your Thakuru for assistance.

## Discover Scuba Diving

Our dive partners at Best Dive are waiting to introduce you to the world under the turquoise waters of the surrounding ocean. Have your first diving experience with our PADI qualified and experienced instructors guiding you every step of the way.

Big Game Fishing

Head out in search of Tuna, Wahoo and more aboard our dedicated Big Game Fishing Boat. Test yourself in a battle of wits and strength with the mighty fish of Haa Alifu Atoll. Enquire at the dive centre to plan your perfect fishing trip.

Jet Ski & Snorkel Expedition

Get up close to marine life while skimming across the waters of Haa Alifu Atoll.
Visit two remote reefs and take the plunge to discover all that thrives under
the surface. Watch out for dolphins as you leisurely return to
your private island home.

Enjoy Maldives first and deepest subterranean wine cellar with a 7-course degustation prepared by our skilled culinary team paired with selected wines. Browse our collection of 1500 wine labels during your meal and end your night with a fine digestif.

Castaway Island Dining

JA Manafaru is blessed with a choice of a castaway island within a few minutes speedboat ride. Choose between a sunrise breakfast, picnic lunch or full service BBQ for lunch or dinner or for The Real Maldives experience, enjoy a magical Ancestral Dinner experience that starts with watching the same sunset views that have been seen in this untouched atoll over millenia.

Cinema under the Stars

Our private island is home to the only resort in Haa Alifu Atoll. This contributes to our clear blanket of stars in indigo skies under which to enjoy your favourite movie. Choose food and beverages of your choice to snack on while you relax in front of the big screen.

Maldivian Cooking Class

JA Manafaru is one of the few resorts to boast a local Executive Chef. Join Chef Moosa or one of this trusted team to guide you in the intricacies of the local cuisine. Learn how delicate spices are blended with truly authentic ingredients including fish caught fresh by local fisherman. Join our twice weekly group sessions or book an exclusive culinary experience.

Teppanyaki

Dive into a multi-sensory adventure at the White Orchid Teppanyaki Experience. Witness our skilled chef transform fresh ingredients into culinary delights right before your eyes on the sizzling teppanyaki grill. To fully immerse yourself in this experience, we kindly request your timely arrival.

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	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	28-Jul	29-Jul	30-Jul	31-Jul	01-Aug	02-Aug	03-Aug
			Music &	Entertainment			
Veli Bar				Karaoke 9:00pm-11:00pm		Karaoke 9:00pm-11:00pm	
			Manafaru L	Ifestyle Boutique			
Retall				9.00am to 9.00pm			
			Dive	Schedule			
2 Tank Dive Trip**	8.30am - 12.30pm	8.30am - 12.30pm	8.30am - 12.30pm	8.30am - 12.30pm	8.30am - 12.30pm	8.30am - 12.30pm	8.30am - 12.30pm
Single Tank Dive Trip**	2.00pm - 4.00pm	2.00pm - 4.00pm	2.00pm - 4.00pm	2.00pm - 4.00pm	2.00pm - 4.00pm	2.00pm - 4.00pm	2.00pm - 4.00pm
Night Dive		5.45pm - 7.15pm		5.45pm - 7.15pm		5.45pm - 7.15pm	

We are The Real Maldives, visit our Recreation Pavilion to learn more about the culture of the nation

CALM SPA SANCTUARY

aspiration from culture of the Maldives and the traditions of the East. Drawing from the energy of our lush natural island the quiet spaces are surrounded by tropical plants and majestic banyan trees. The bounty of the earth balances body, mind and soul.

A Maldives vacation offers wellbeing in the everyday and our Wellness offering works to enhance your relaxation and rejuvenation through bespoke treatments or a complete wellness journey.

THIS WEEK'S SPECIAL OFFER:
EPIGENETIC TEST.

Curious about which supplements you should take or how your environment affects your wellness? This hair stand test reveles all that and more. Its a quick, painless in-person test and you will receive your report in under 40 minutes.

Get an Epigenetic Test and enjoy a complementary Vitamin CheckAll prices are in USD and Subject to 27.6% government taxes.

\$250++per person.

Contact our Spa on extension 418 or your Thakuru to secure your booking.

Give yourself the gift of health with our range of Wellness Retreat Programs. You can enjoy in 5, 7 or 10 day programs. Choose from Detox and Reset, Mindful Journey, Active De-Stress or the JA Signature Culinary Retre

JA Manafaru's retreat programs are customisable and designed to integrate into your Maldives vacation. Ask your Thakuru or our Spa Team for more details